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# Philadelphia Orthopaedic Trauma Symposium June 7, 2024

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### Temple University

Lewis Katz School of Medicine

Course Co-Chairs: Saqib Rehman, MD, MBA • Jack Kazanjian, DO

https://medicine.temple.edu/cme

### **LOCATION**

Lewis Katz School of Medicine at Temple University Medical Education and Research Building, 1st Floor 3500 N. Broad Street Philadelphia, PA 19140

### **TARGET AUDIENCE**

This conference is aimed at practicing orthopaedic surgeons, residents, nurse practitioners, and physician assistants who are involved with management of orthopaedic trauma care.

### **EDUCATIONAL OBJECTIVES**

At the conclusion of the conference, participants should be able to:

- 1. Diagnose and treat common but challenging fractures in trauma patients
- 2. Reconstruct basic articular fractures with open reduction internal fixation
- 3. Diagnose and select appropriate treatment for common complex trauma cases

### **ACCREDITATION STATEMENT**

Lewis Katz School of Medicine at Temple University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **CERTIFICATION STATEMENT**

Lewis Katz School of Medicine at Temple University designates this live activity for a maximum of 6.50 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### DISCLOSURE POLICY

It is the policy of the Lewis Katz School of Medicine at Temple University, The Albert J. Finestone, MD, Office for Continuing Medical Education that anyone in a position to control the content of a certified educational activity must disclose any financial relationships with ineligible companies within the prior 24 months. The Accreditation Council for Continuing Medical Education (ACCME) defines ineligible companies as "those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients." Speakers must also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentations. The Lewis Katz School of Medicine at Temple University has policies in place that will identify and mitigate all conflicts of interest prior to the educational activity. Detailed disclosure will be communicated to learners prior to the activity.

### **REGISTRATION FEES**

\$200.00 Physicians / \$100.00 Residents, Fellows, Nurse Practitioners, and Physician Assistants

### CALL FOR ABSTRACTS

This year's meeting will also include research poster presentations. Residents and medical students are invited to submit one-page abstracts for consideration. The topic should be pertinent to the care of the orthopaedic trauma or fracture patient. Abstracts should be sent by May 15, 2024 to saqib.rehman@tuhs.temple.edu. Additional information is available at medicine.temple.edu/cme.

### FOR MORE INFORMATION

The Albert J. Finestone, MD Office for Continuing Medical Education 215-707-4787  $\bullet$  1-800-23-TUCME  $\bullet$  medicine.temple.edu/cme

### **PROGRAM**

7:00-7:30	Registration, breakfast	
7:30-7:35	Introduction	
7:35-8:20	<b>Session 1:</b> Extreme Nailing – pushing the envelope and indications in 2024	
8:20-9:00	Session 2: Peritroch fractures – do they all need a nail?	
9:00-9:20	Break, visit exhibits	
9:20-10:00	Session 3: Surgical technique videos in orthopaedic trauma 9:20-9:30 ORIF scapula and glenoid fracture with Judet approach	
	9:30-9:40 Surgical approach and fixation in elbow fracture dislocations	
	9:40-9:50 Dorsal and radial approaches to the radial shaft 9:50-10:00 Q&A	
10:00-10:30	<b>William G. DeLong Memorial Lecture:</b> Rapid Immunofluorescent Visualization Analysis: Are we infected here? Christopher Born, MD	
10:30-11:15	Lab 1: ORIF distal femur fractures	
11:15-11:30	Break, visit exhibits	
11:30-12:30	Lunch breakout sessions Breakout 1: Wrist and forearm fractures Breakout 2: Periprosthetic fractures Breakout 3: Shoulder and elbow fractures Breakout 4: Difficult ankle fractures	
12:30-1:15	Lab 2: ORIF distal tibia fractures	
1:15-1:30	Break, visit exhibits	
1:30-2:15	<b>Session 4:</b> Weightbearing after fracture surgery – Are we being too conservative?	
2:15-3:00	Session 5: Old Skool – Have we lost the art, and when are they indicated? 2:15-2:25 Tension band techniques 2:25-2:35 Pins and ex fix of distal radius fractures 2:35-2:45 Sliding hip screw devices 2:45-3:00 Q&A	
3:00	Adjourn	

### Course Co-Chairs: Sagib Rehman, MD, MBA • Jack Kazanjian, DO

### Abraham Appleton, MD

Program Director, Orthopaedic Residency Guthrie Clinic

### Christopher T. Born, MD, FACS, FAAOS

Intrepid Heroes Professor of Orthopaedic Surgery The Alpert Medical School at Brown University Emeritus Chief, Division of Orthopaedic Trauma Director, The Weiss Center for Orthopaedic Trauma Research Rhode Island Hospital

### P. Max Courtney, MD

Associate Professor of Orthopaedic Surgery Thomas Jefferson University Rothman Institute

### Matthew Craig, MD, MS

Clinical Assistant Professor of Orthopaedic Surgery LKSOM at Temple University Rothman Institute Abington Memorial Hospital

### Derek Donegan, MD, MBA

Associate Professor of Orthopaedic Surgery Co-Director of Orthopaedic Trauma Education Penn Ortho Trauma & Fracture Recon Service University of Pennsylvania

### **Robert Dunbar, MD**

Associate Professor of Orthopaedics and Sports Medicine University of Washington Harborview Medical Center

### Kenneth Egol, MD

Joseph E. Milgram Professor of Orthopaedic Surgery Vice Chair, Academic Affairs Chief, Division of Orthopaedic Trauma NYU Grossman School of Medicine

### David Galos, MD

Associate Professor of Orthopaedic Surgery Program Director, Orthopaedic Residency LKSOM at Temple University

### Kenneth Graf, MD

Director, Orthopaedic Trauma Assistant Professor of Orthopaedic Surgery Cooper Medical School of Rowan University

### John Gabriel Horneff, III, MD

Assistant Professor of Clinical Orthopaedic Surgery Director of Shoulder and Elbow Fellowship University of Pennsylvania

### Asif Ilyas, MD, MBA

Professor of Orthopaedic Surgery Hand Fellowship Program Director Rothman Institute at Jefferson University Associate Dean of Clinical Research Drexel University

### Jack Kazanjian, DO, FAOAO

Medicine Associates

Clinical Assistant Professor of Orthopaedic Surgery Philadelphia College of Osteopathic Medicine Lankenau Medical Center Premier Orthopaedics and Sports

### **COURSE FACULTY**

### Douglas Lundy, MD, MBA

Chairman of Orthopaedic Surgery St. Luke's University Health Network

### Samir Mehta, MD

Chief, Division of Orthopaedic
Trauma and Fracture Care
Medical Director, Orthopaedic
Clinical Research
Medical Director, Biedermann Ortho
Lab
Co-Director, Penn Orthoplastic Limb
Salvage Center
Associate Professor of Orthopaedic
Surgery

### Sagib Rehman, MD, MBA

University of Pennsylvania

Professor and Vice Chair, Orthopaedic Surgery Director of Orthopaedic Trauma Department of Orthopaedic Surgery LKSOM at Temple University

### J. Spence Reid, MD

Professor and Vice Chair for Education Department of Orthopaedics and Rehabilitation Chief, Division of Trauma PennState Health

### William Ryan, MD

Orthopaedic Trauma & Reconstructive Surgeon Rothman Orthopaedic Institute Assistant Professor of Orthopaedic Surgery Thomas Jefferson University

### Gene Shaffer, MD

Program Director, Orthopaedic Residency Jefferson Health – Einstein Medical Center

### **Anthony Sorkin, MD**

Assistant Professor of Clinical Orthopaedic Surgery Indiana University President, Foundation for Orthopaedic Trauma

### Marc Swiontkowski, MD

Professor, Department of Orthopaedic Surgery University of Minnesota Editor in Chief, Journal of Bone and Joint Surgery

### Joseph Thoder, MD

John Lachman Professor of Orthopaedic Surgery Department of Orthopaedic Surgery LKSOM at Temple University

### Michael Vosbikian, MD

Associate Professor of Orthopaedic Surgery Associate Program Director, Residency Program Rutgers New Jersey Medical School

### **DIRECTIONS TO THE HEALTH SCIENCE CAMPUS**

### From West via PA Turnpike or Schuylkill Expressway

Take Turnpike to Exit 326 (Philadelphia/Valley Forge) then follow I-76 (Schuylkill Expressway) approximately 10 miles to Route 1 North (Roosevelt Boulevard). Take Route 1 North 2 miles to Broad Street exit. Follow exit ramp 2 blocks to Broad Street and turn right (Route 611 South). Proceed 3/4 mile to Health Sciences Center Campus. Turn left at Tioga Street to visitors' parking garage. (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### From Northeast via PA Turnpike or Roosevelt Boulevard

From PA Turnpike take Exit 351. Follow Route 1 South (Roosevelt Boulevard) approximately 10 miles (stay in right hand lanes) to Broad Street exit. Follow exit 1/2 mile to Broad Street and turn left (Route 611 South). Continue for approximately 3/4 mile to Health Sciences Center Campus. Turn left at Tioga Street to visitors' parking garage. (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### From North via I-95

Take Route 95 South to Cottman Avenue exit (Route 73 West). At bottom of ramp, continue through the intersection and follow signs for Route 73 West; this puts you on Cottman Avenue (Route 73 West). Follow Cottman Avenue for 2 miles to Roosevelt Boulevard (Route 1 South). Turn left on Route 1 South and go approximately 5 miles (stay in right hand lanes) to Broad Street exit. Follow exit 1/2 mile to Broad Street (Route 611 South) and turn left. Continue for approximately 3/4 mile to Health Sciences Center Campus. Turn left at Tioga Street to visitors' parking garage. (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### From South via I-95

Take Exit 22 (Route 676/Center City) and merge right onto Callowhill Street. Stay in right hand lanes and follow Callowhill Street for 1 mile to Broad Street. Turn right on Broad Street and go approximately 4 miles (32 blocks) to Health Sciences Center Campus. Turn right at Tioga Street to visitors' parking garage. (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### From NJ Turnpike

Take NJ Turnpike to Exit 6; follow signs for PA Turnpike. Once on PA Turnpike, follow directions given "From Northeast." (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### From Cherry Hill, NJ area

Take Route 70 or Route 38 West to overpass for Route 30 West (Admiral Wilson Boulevard). Take Admiral Wilson Boulevard approximately 2 miles to Benjamin Franklin Bridge. Once over the bridge, follow signs for "Vine Street/Local Traffic." Stay in "local traffic" lanes approximately 8/10 miles (8 blocks) to Broad Street (14th Street). Turn right on Broad Street and go approximately 4 miles (32 blocks) to Health Sciences Center Campus. Turn right at Tioga Street to visitors' parking garage. (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### From NJ Shore Points

Take Atlantic City Expressway to Route 42 North, go approximately 10 miles to Route 676. Take Route 676 approximately 3.5 miles to Benjamin Franklin Bridge. Once across the bridge, follow directions "From Cherry Hill, NJ area." (GPS address: 1351 West Tioga Street, Philadelphia, PA 19140)

### **RECOMMENDED HOTEL**

The Westin Philadelphia 99 South 17th Street, Philadelphia, PA 19103 215-563-1600

The Westin Philadelphia is connected by a walkway to the Liberty Place shopping mall, with it's 70 shops offering trendy outfits and various goodies for shoppers. Thus, the hotel is truly the most convenient place to do shopping in Philadelphia. Rooms in this 4-star hotel are also quite comfortable, with signature Westin Heavenly Beds gracing each accommodation type. Guests can make use of the high-speed internet access, cable TV with premium cable channels, and minibars. Guests can also request a refrigerator in their room.

### REGISTRATION FORM

### **FEES**

\$200.00 - Physicians / \$100.00 - Residents, Fellows, Nurse Practitioners, and Physician Assistants The registration fee includes conference material, continental breakfast, lunch, and breaks.

Deadline to register is **Friday, May 31, 2024**. After this date, please contact the office for space availability.

### **RETURN TO**

Lewis Katz School of Medicine at Temple University The Albert J. Finestone, MD Office for Continuing Medical Education 3500 North Broad Street, MERB 11th Floor - 1111S Philadelphia, PA 19140 215-707-4787, 800-23-TUCME or Fax 215-707-8268

### TO REGISTER

Complete the registration form and return it with your fee (No cash accepted)

Make checks payable to: **Temple University Postgraduate** 

### **REGISTER ONLINE**

medicine.temple.edu/cme

Name	Degree
Address	
City	StateZip
Daytime Phone#	Fax
Email address	
Specialty	
Credit Card#	Expiration Date/
Signature	

Please indicate your preference for the lunch discussion group which will be assigned on a first-come first-serve basis.

### Friday 11:30-12:30 pm

Lunch breakout sessions

■Breakout 1: Wrist and forearm fractures

■Breakout 2: Periprosthetic fractures

■Breakout 3: Shoulder and elbow fractures

□Breakout 4: Difficult ankle fractures

### REGISTRATION FORM CANCELLATION POLICY

Refunds for withdrawal after deduction of a \$20 fee made only upon written request 30 days prior to the CME activity starting date. No refunds will be made 29 days prior to the program start date. Lewis Katz School of Medicine at Temple University reserves the right to cancel the program and return all course monies without further obligations if sufficient attendance is not secured.

### SPECIAL ACCOMMODATIONS

If you have any special accommodations that we can address to make your participation more meaningful and enjoyable, please contact us at 215-707-4787 or 800-23-TUCME at least one week before the scheduled event.



Lewis Katz School of Medicine

The Albert J. Finestone, MD Office for Continuing Medical Education 3500 North Broad Street, MERB 11th Floor Philadelphia, PA 19140

## 16th Annual Philadelphia Orthopaedic Trauma Symposium

June 7, 2024

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Medical Education and Research Building, 1st floor 3500 North Broad Street, Philadelphia, PA 19140

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